

What Is a Healthy Church Member Study Guide – Mark 3- Gospel Saturated

Questions on Philippians 1:1-28

1. The book of Philippians is famous as a book that teaches Christians to “rejoice in the Lord always” (Phil 4:4). In Philippians 1, Paul reveals that he has great joy and thankfulness for the Church in Philippi. As you read this passage, what are some of the reasons Paul is so joyful and thankful to the Lord? (Please write the verses that correspond to your answers)
 - a. Look at the verses again and count: how many times does Paul use the word “gospel” in this passage?
 - b. What does this show about where Paul places his focus as he writes this letter?

2. The book of Philippians was written when the Apostle Paul was imprisoned. Paul’s focus on the gospel allowed him to see even trials and hardships in light of the gospel working in his life. How did the gospel affect Paul’s perspective on life during his imprisonment and suffering?

3. The church in Philippi was, as far as we can tell from the Bible, a healthy church. Yet Paul still says if he remains in the flesh it will be beneficial for the Philippians’ “progress and joy in the faith” (v. 25). Why do you think even healthy church members need to grow in these two areas?

Questions on *What Is a Healthy Church Member?*

Mark 3: A Healthy Church Member is Gospel Saturated

1. Before you can be saturated by the gospel, you must know the gospel. What are some messages that are often mistaken for the gospel in the church today?
 - a. Please write down what the gospel message is, as presented in the book, in the space below (please don't skimp out on this!):

2. Thabiti Anyabwile says a healthy church member ought to desire to hear the gospel and preach the gospel to himself or herself. What would participating in Sunday services and small groups at Lighthouse with an "eye for the gospel" look like?

3. It is not enough to simply cherish the gospel, but to realize the gospel points us to something far more valuable than the message itself. What does it mean to take the gospel to its conclusion?

Questions to Apply the Truths Learned

1. Being gospel saturated is easy enough to agree to, but it can be very difficult to make the advance of the gospel (i.e. evangelism) a priority in our lives. Share what you believe are some of the things (if any) that hold you back from sharing the gospel.
2. Review the suggestions on p. 43. Are there any suggestions you think God might be leading you to implement? Are there any other ideas for ordering your life around the gospel you can think of?
3. Do you know anybody whose life is genuinely gospel-saturated? How can you tell, and do you honestly feel like living a gospel-saturated life is “worth it?” Why or why not?
4. Share a specific area that you’d like to pray about and grow in order to make your life more gospel-saturated.

What Is a Healthy Church Member Study Guide – Mark 4- -Genuine Conversion
Questions on 1 John 1:1-10

1. How does verse 9 say God will respond if we confess our sins?

2. What does John say about a person who claims to be a Christian, but does not live a life that is consistent with being a Christian?

Questions on *What Is a Healthy Church Member?*

1. How does Thabiti Anyabwile define conversion?

2. By what power is conversion accomplished?

3. What happens when someone is converted?

The author gives us 5 proofs for genuine conversion.

1. *Walking in the light*
 - a. What does 1 John 1:6-7 mean by “walking in light” and “walking in darkness?”

2. *Loving God*

- a. Why do the things of the world seem so enticing?

- b. What are two practical things you can do in everyday life to encourage you to love God more and love the things of the world less?

3. *Loving other Christians*

- a. What are two practical ways you can show love to other Christians at Lighthouse?

4. *Having the Testimony of the Spirit/Receiving the Holy Spirit*

- a. Ephesians 1:13-14 tells us that we are sealed with the Holy Spirit when we believe in Jesus for salvation. John MacArthur makes these comments: "The seal of God's Spirit in the believer signifies four primary things: security, authenticity, ownership and authority." God wants us to know that we are his children! Think about this truth. How does this encourage you?

5. *Persevering in the faith*

What encouragement would you give to someone who is struggling